

# PROSPECTUS



**TAPAS**  
TRAINING FOR  
AUGMENTING PRODUCTIVITY AND SERVICES



**National Institute of Social Defence**  
Ministry of Social Justice and Empowerment  
Government of India

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# TAPAS

(Training for Augmenting Productivity and Services)



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## Foreword by the Secretary, Ministry of Social Justice & Empowerment

Mr. R Subrahmanyam

The online learning management system – TAPAS (Training for Augmenting Productivity and Services) – introduced by the National Institute of Social Defence is an attempt to provide a platform for people with a knack for learning. It's a medium which will allow access to subject experts and study material on topics such as substance abuse prevention, transgender issues, senior citizen welfare and beggary prevention. NISD is a nodal institute for the capacity building of functionaries working in the area of social defence, which will be further enhanced through this course.

The fact that it can be taken up online will surely encourage more people to join it and learn something about the issues of social defence. Knowledge and awareness are powerful tools for the growth of any country. And NISD's online course will surely enable stakeholders and functionaries to equip themselves with an in-depth understanding of the issues pertaining to social defence. This will not only sensitise the participants, but also help in passing on the knowledge and wisdom required to spread awareness among the masses. I would like to wish everyone all the best for their future endeavours.



R. Subrahmanyam, IAS  
Secretary, M/o SJ&E



## Message by the Joint Secretary, MoSJE, and Chairperson, Executive Council, NISD

**Ms. Radhika Chakravarthy B**

Our education system has been deeply embedded in the classroom education mode, but owing to the pandemic, we are now witnessing a paradigm shift in the teaching arena. The online learning method has played a vital role in disseminating information and expanding outreach. Taking a cue from it and exploring its full potential, NISD has introduced an online learning management system – TAPAS (Training for Augmenting Productivity and Services). It is a comprehensive and easy-to-understand online course which will surely help in boosting people's understanding of social defence issues.

NISD's divisions, with the help of subject experts and resource persons, have come up with online tutorials covering related topics. The portal will provide the participants a platform to clear their doubts and interact with the course coordinators. It has encouraging features for learners to utilize e-material or set up virtual discussion groups to work together in a collaborative framework. This will motivate students to interact with each other as they work through the study material.

Capacity-building is an important step for working efficiently in any field. Functionaries and stakeholders working with the Ministry of Social Justice and Empowerment will now have an online medium for enhancing their knowledge on topics such as transgender welfare, substance use prevention, elderly care and beggary prevention. Here's wishing everyone all the best for the completion of their course.



## From NISD Director's Desk

Dr. Veerendra Mishra

The National Institute of Social Defence has introduced TAPAS (Training for Augmenting Productivity and Services) – an online course platform – with the aim of spreading awareness and enhancing people's knowledge on topics that are usually not in the limelight. These include Transgender Awareness, Welfare of Senior Citizens and Substance Abuse Prevention. While there is no specific mode of imparting education, moving to the digital platform has become imperative now owing to the Covid\_19 pandemic that took over the world over a year ago. The online course gives people the opportunity to learn about the topics from any part of the globe. The lectures in the course are given by eminent subject matter experts from reputed institutions, who will guide you through the subject.

In line with the phrase, knowledge is power, we are hopeful that NISD's online courses will strike a chord with the participants and help generate awareness and sensitize people regarding social defence issues that often get neglected. In the end, I would like to wish the participants all the best for their future endeavours and hope that they will emerge with an enriched knowledge base.



## About the National Institute of Social Defence

### Introduction

The National Institute of Social Defence was originally set up as the Central Bureau of Correctional Services in 1961, under the Ministry of Home Affairs, in pursuance of the recommendations emerging at various National Forums. In 1964, the Bureau was transferred to the then Department of Social Security.

The Institute became an Autonomous Body vide Government of India Notification No. 10-3/2000-SD. Vol. II, dated July 15, 2002, and is registered under the Societies Act XXI of 1860 with the Government of NCT, Delhi. NISD is the nodal training and research institute in the field of social defence. Though social defence covers a gamut of activities and programmes for the protection of society, it is currently focusing in the areas of substance abuse prevention, welfare of senior citizens, transgender rights and beggary prevention.

### National Institute of Social Defence at a glimpse

- NISD is a Central Advisory Body for the Ministry of Social Justice and Empowerment, Government of India.
- It is a Centre of Excellence on research and training in the field of social defence.
- NISD coordinates and liaises between the government and the non-government organisations at state, national and international levels.
- The institute develops preventive, curative and rehabilitative tools, programmes and policies in the field of social defence, and also undertakes research, training, consultancy, documentation and publication in the field.

### Mandate

The mandate of the institute is to provide inputs for the social defence programmes of the Government of India through training, research and documentation.

### Vision and Mission

NISD's vision is to foster public sensitivity towards issues related to the marginalised sections of society, including senior citizens, transgender persons and victims of substance abuse. Its mission is enhancing the capacities of service providers. Working towards a wider dissemination of information in the field of old age care, substance abuse prevention, transgender rights, beggary prevention and other social defence issues through training, research and documentation.



## Objectives

The main objectives of the institute are to:

- Review the policies and programmes in the field of social defence
- Anticipate and diagnose the problems in this field
- Develop preventive, curative and rehabilitative policies
- Identify and develop the instruments for realizing the objectives of social defence policies
- Review and evaluate the implementation of social defence policies and programmes
- Develop and promote voluntary efforts in social defence
- Research on social defence issues
- Develop, promote, sponsor and undertake training/orientation in the field of social defence for the capacity building of stakeholders working in these areas
- Spread awareness on social defence problems especially regarding preventive and rehabilitative roles

## NISD's divisions

### Senior Citizen Division

Ageing is an inevitable process of life. However, a spurt in the population of the elderly in a country is bound to pose multiple challenges before society. There is 8.2% of elderly male and 9.0% of elderly female population in India (Census of India, 2011). Overall, the elderly percentage is 8.6% among the population as compared to the Census 2001, which was 7.4%. In fact, according to a survey by the United Nations, the share of population over age of 60 in India is projected to increase to around 20% by the year 2050. India is, therefore, experiencing a demographic transition, which will have an impact on the individual, family, community, society at large and the nation.

### Role of NISD in Senior Citizen Welfare

NISD has been actively involved in imparting training in the field of care of older persons for over a decade. The Senior Citizen Division of the Institute runs a series of programmes/certificate courses which aim to:

- Develop a cadre of professionals for the care and welfare of older persons
- To provide a comprehensive and scientific knowledge base on various aspects relating to geriatric care





- Generate skilled manpower focused on intervention in the family and community settings for the welfare of older persons
- Orient the students on techniques/interventions for managing the care of the elderly with focus on programme development and management
- Identify and promote support systems and networking for care of the older persons
- Facilitate convergence of services of government/non-government sectors, both locally and at the national level

### Aims and Objectives

In pursuance with the National Policy on Older Persons (NPOP), NISD is developing a dedicated cadre of Geriatric Caregivers and generating skilled manpower, with focused attention on training for intervention in the family and community settings. The younger generation and others concerned with the welfare of older persons are encouraged to attend to the needs of the older persons.

### Target Group

The main target groups are the functionaries of Old Age Homes/ Day Care Centres supported by the Ministry / State and the persons willing to work as geriatric care-givers. The institute also conducts awareness programmes in schools/ colleges/ universities on the issues regarding old age and for promoting inter-generational bonding with the help of Government/NGOs/ policy makers working in the field of ageing.

### National Centre for Drug Abuse Prevention (NCDAP)

Substance abuse is a worldwide menace, which is adversely affecting the physical and socio-economic well-being of India as well. Recognising the seriousness of the issue, the Ministry of Social Justice and Empowerment has been implementing the scheme of prevention of alcoholism and substance abuse through the National Action Plan on Drug Demand Reduction. It provides a host of services, including awareness generation, counseling, treatment and rehabilitation of dependents. The programme emphasizes on a community-based prevention approach through educational programmes and services for drug dependent persons and their caregivers.



### Aims and Objectives of National Centre for Drug Abuse Prevention (NCDAP)

The main activities of NCDAP Division in the field of substance abuse prevention are:

- Capacity building of various levels of functionaries working in the field of substance demand reduction
- Updating information and establishing appropriate database and monitoring systems.
- Development of linkages, facilitating advocacy, and promoting networking arrangements in the field of substance demand reduction at local, regional, national and international levels
- Developing programmes for preventive education to control the incidence and spread information about the ill-effects of substance and alcohol abuse
- Facilitating activities of the NAPDDR

### Target Group

The programmes are carried out through collaborative efforts of other Central Ministries, State Governments, Universities, Training Institutions, NGOs and other voluntary organisations. The following have been enlisted under the NAPDDR:

1. School and college students
2. Counsellors and teaching faculty of school and colleges
3. Functionaries of Integrated Rehabilitation Centres for Addicts (IRCA), Outreach and Drop-In Centres (ODICs), Community-based Peer-Led Interventions (CPLIs) and other professionals in the drug prevention sector etc.
4. Service providers, both in Government, Semi-Government and Non-Government Settings
5. Representatives of Panchayati Raj Institutions (PRIs) and Urban Local Bodies (ULBs), police functionaries, paramilitary forces, judicial officers, bar council etc. on drug abuse prevention
6. Staff in prisons and juvenile homes social work institutes and Integrated Child Protection Scheme (ICPS) functionaries

## Transgender and Beggary Division

Social Defence areas include Transgender welfare and beggary prevention. Social defence pertains to marginalized population groups requiring protection as well as care and support through systematically organized efforts both by the Government and society. There is a need to bring the marginalized community of transgender to mainstream and provide equal opportunities to them. The division works towards giving them a life of dignity and spreading awareness about the issues they face. The division of NISD trains and sensitizes the Govt./NGOs/ Panchayat/Police functionaries and Social Work professionals on transgender issues through its comprehensive national-level one-month programmes and three-day short-term state-level programmes.



## Aims and Objectives

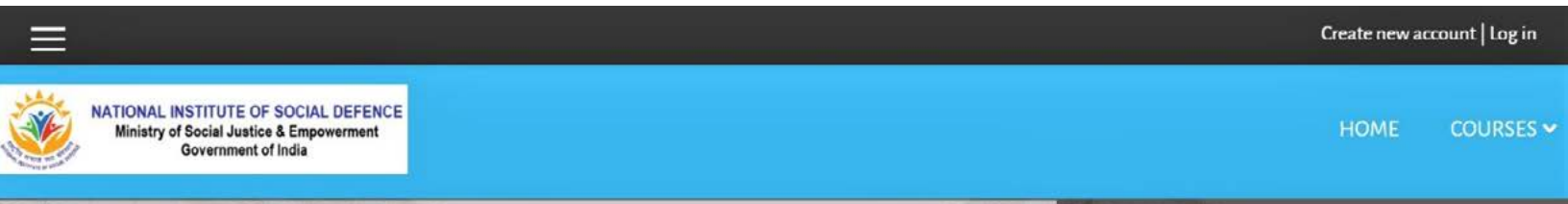
The basic aim of the Division is to establish links with the State Social Welfare Departments, police departments and institutions working in the field of transgender welfare for imparting training to stakeholders/service providers. It sensitizes the stakeholders and community towards the issues. NISD also works on the development of welfare schemes and conduction of programmes for transgender community.

## Target Group

The target group of the Division are the officials of State Social Welfare Departments, middle-level functionaries of State Police Departments, lecturers, readers and field work supervisors of social work Institutions, NGO functionaries, social workers, panchayat functionaries and research scholars.



# TAPAS (Training for Augmenting Productivity and Services)



The National Institute of Social Defence, through the online learning platform TAPAS (Training for Augmenting Productivity and Services), is offering self-paced Basic Online Certificate Courses on the key areas of Social Defence:

- Elderly care
- Substance (Drug) Abuse prevention
- Transgender issues
- Overall Social Defence Issues

These courses have been developed for anyone who wishes to enhance his or her knowledge on the topics and has a knack for learning. The lectures in the course are given by eminent subject matter experts from reputed institutions. And being an online course, these training modules can be taken up by anybody from any part of the world.

## Objective

The main objective of introducing the course modules is to:

- Impart training

- Enhance the knowledge of participants
- Spread awareness about the issues
- Hone the participants' skills for capacity building in the areas

The courses aim to sensitize the participants about social defence issues such as substance abuse, beggary prevention and the welfare of senior citizens and transgender persons. It is a step towards addressing these issues and sensitising people and upholding social justice in society.

## Learning through online courses

The material presented in these basic courses are of relevance to everybody in society. For people who are working or going to work in these areas, enrolling for the course will increase their knowledge base and understanding on the topics.

- The lectures are imparted with the help of animated power point presentations and video clipping of case studies.
- There is a discussion forum on the portal that will help the participants in dispelling their doubts with the course coordinators and for exchanging views with their peers.
- The course coordinator will provide his/her inputs wherever necessary in the discussion forum.
- The participants can enrich their knowledge by going through the additional learning material provided on the portal.
- The self-assessment questions will help evaluate their understanding of the topic.
- There will be assignments after each module. The participants who wish to appear for the examination and obtain a certificate will be required to submit the assignments, which will be evaluated by the course coordinator.

## Outcome of the course

Through the course, NISD is hopeful that participants will develop a fair understanding of the topics. The courses have also been developed to generate awareness and sensitize people regarding issues such as substance abuse prevention, senior citizen care and transgender rights awareness. This is a step towards the capacity building of the participants to equip them in a more efficient and professional manner. The issues have been discussed with reference to the relevant laws/acts, which will help in appreciating the issues and their solutions from a legal point of view. The course will provide basic skillsets to



the participants and will help build an efficient work force in the areas of social defence through capacity building.

### Components of the online course

Each course consists of 4 components:

#### I. Self-learning video by experts

The first component of the course is a virtual class where an expert or a resource person will give a lecture on the subject. The lecture has been developed in the form of a video with infographics and animated PPTs to help the participants understand the subject in a better manner.

#### II. Self-assessment questions

The participants can take up a questionnaire on the portal where they can assess their knowledge on the subject by answering the questions.

#### III. Additional learning material

The participants will be provided with informative material like articles, case studies or e-reading material on the related topic, which can also be downloaded for future reference.

#### IV. Assignments

The assignments will be given by the course coordinators and the participants will need to complete the assignment and submit it in the stipulated time period.

### Other components include:

#### V. A discussion forum for clearing doubts

There will be a platform on the portal in the form of a discussion forum wherein the participants can ask their questions and clear their doubts with the course coordinators and fellow students.

#### VI. Live interactive sessions with experts

There will be a provision of weekly live interactive sessions with the resource persons or subject experts. The information about the session will be announced on the portal by the course coordinator.

### Name of the courses

- Basic course on Substance (Drug) Abuse Prevention
- Basic course on Geriatric/Elderly Care
- Care and Management of Dementia
- Basic course on Transgender Issues
- Basic course on Social Defence Issues

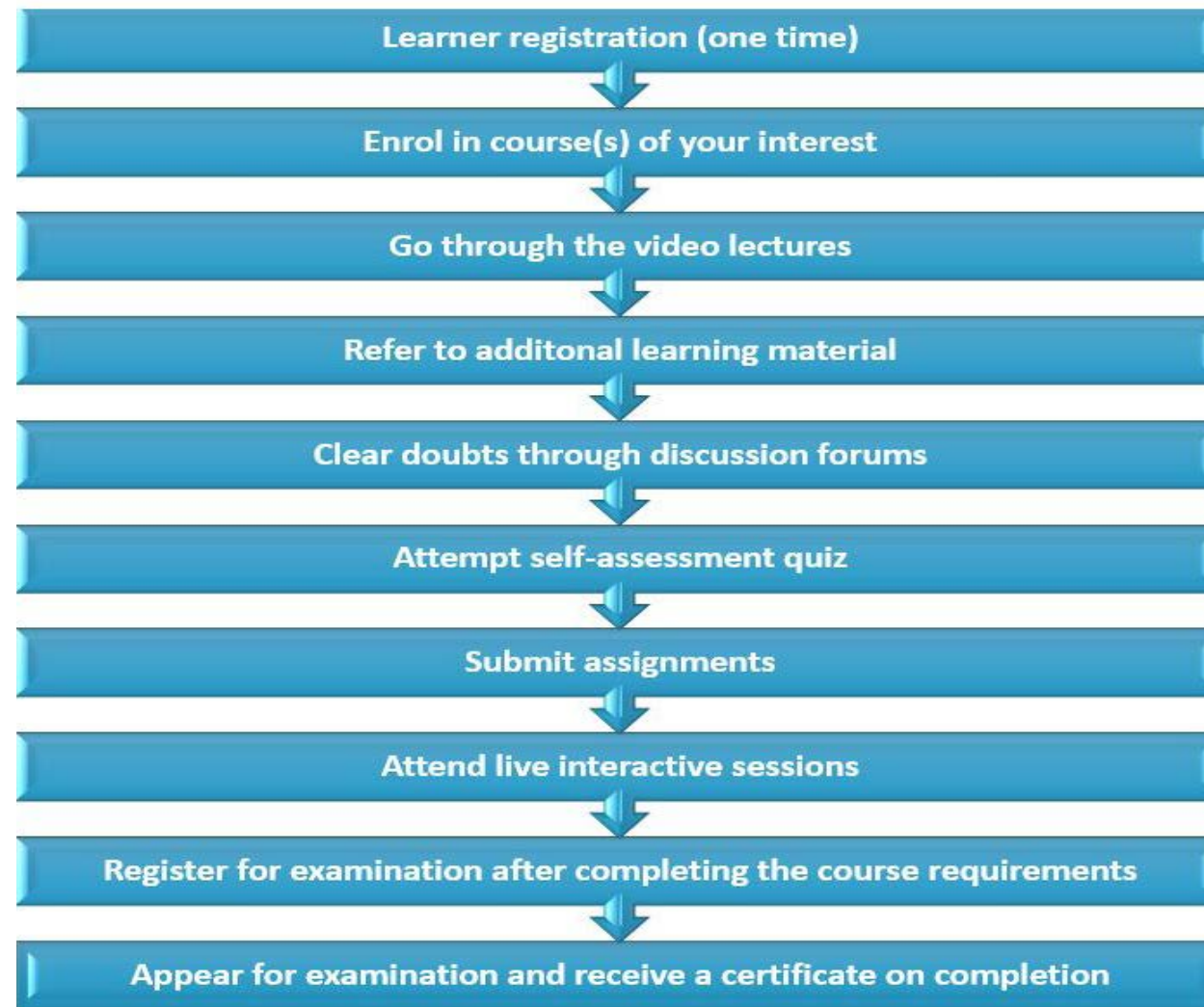
### Eligibility

These courses are open to one and all. Anybody who is interested in learning about these subjects or wishes to enhance their knowledge and understanding about the topics is welcome to enroll for the course. Since it is an online course, participants can enroll and learn from any part of the world.

### Duration

The enrolment in the courses will be open for one month from the start of the course. The course will run for two months from the start date and can be completed anytime within that duration. The final online examination will be conducted after the course end date. Please visit the NISD website for the exact dates.

## Step-by-step process for undergoing the course



### Course fees

The course has been developed by NISD to spread awareness about the topics and help in the capacity building of people working in these areas. Therefore, there is no charge for enrolling in these courses and for the examination. One can study through our online portal without paying any fee.

### How to register

Visit the web site of NISD (<http://www.nisd.gov.in/>) for registration and for further enrolment/access to the courses.

## A glimpse at the course topics

### 1. Basic course on Substance (Drug) Abuse Prevention

NISD's online course on Substance Abuse Prevention aims to build the knowledge base of its students, including counsellors, social workers, medical officers, nurses, functionaries of drug de-addiction treatment centres and other related professionals.











During the course, the participants will gain knowledge about how addiction develops, substance use disorders, while thoroughly analysing the environmental, genetic and personal risks involved in drug addiction. The course also aims to sensitize the participants about the ill-effects of alcohol and substances, so that they can do their bit in eradicating the menace of substance abuse and addiction from society. The participants will get a lowdown on what happens when drugs enter the body, how the brain reacts, and how the entire process can make recovering from addiction a challenge.

#### Specifications of the course

The course provides detailed information about the following:

- It describes the psychopharmacological basis of drug action, neurotransmission, tolerance and dependence, including the neuroanatomical structures, relevant for addiction
- It explains the genetic, individual and environmental factors associated with addiction
- It summarises the psychosocial and health-related harms of addiction, including types of substances, the effect of substance abuse and addiction.
- It describes the relationship between mental health problems, substance abuse and addiction.
- It describes the general nature and range of treatment approaches and other interventions like counselling, rehabilitation, behavioural communication change (BCC) for addiction or substance use disorder.
- It explains the rationale behind pharmacotherapeutic management and treatment approaches for addiction and the role of social setting, workplace prevention and family support in recovery.
- It highlights the issues surrounding the legalisation or criminalisation of drugs of abuse.



	<i>Understanding on substance abuse and addiction</i>	<i>Dr. Alok Aggarwal, Associate Professor, NDDTC, AIIMS Delhi</i>
	<i>Types of Drugs and Harmful effects of Drugs</i>	<i>Dr. Alok Aggarwal, Associate Professor, NDDTC AIIMS Delhi</i>
	<i>Sign &amp; Symptoms (Medical Perspective) and Myths &amp; Facts of Drug Addiction</i>	<i>Dr. Alok Aggarwal, Associate Professor, NDDTC AIIMS</i>
	<i>Sign &amp; Symptoms (Social Aspect)</i>	<i>Mr. Harikesh Sharma, Former Sr Research Officer, NDDTC AIIMS</i>
	<i>Basics of counselling &amp; intervention to substance abuse disorder</i>	<i>Mr. Deepak Yadav, Sr Medical Social Service Officer, NDDTC</i>
	<i>Management of alcohol use and related disorder</i>	<i>Dr. Alok Aggarwal, Associate Professor, NDDTC AIIMS Delhi</i>
	<i>Management of Cannabis use disorder</i>	<i>Dr. Ravindra Rao, Additional Professor, NDDTC, AIIMS, Delhi</i>
	<i>Management of Opioid use disorder</i>	<i>Dr. Ravindra Rao, Additional Professor, NDDTC, AIIMS, Delhi</i>
	<i>Life Skills Education &amp; Activity</i>	<i>Ms Gayatri, Registered Mental health professional &amp; Registered Life skill Trainer, Hyderabad</i>
	<i>Behavioural Change Communication &amp; Family role in addiction</i>	<i>Dr. Gauri Shanker, Additional Professor, NDDTC, AIIMS Delhi</i>
	<i>Workplace Prevention for Industries/ BPO/ Factory</i>	<i>Mr. Harikesh Sharma, Former Senior Research Officer, NDDTC AIIMS</i>
	<i>Law Enforcement related to Drugs (Substances)</i>	<i>Mr. Kuldeep Sharma, Asst Director &amp; Mr. Shantanu Aich, Superintendent, NCB, Delhi</i>

## 2. Basic course on Geriatric/Elderly Care

NISD's online training course on Geriatric/Elderly Care is a multi-disciplinary approach to provide the learners with a range of skills to perform their caregiving duties efficiently. Its objective is to equip the participants with knowledge and skills to help them render their best services to the elderly population. It will help the participants in facing the challenges of geriatric care, and relate to the physical, psychological and social issues experienced by our senior citizens.

### Developing caregiving as a profession

In the beginning of the course, the need to develop caregiving as a profession and its benefits and challenges are highlighted. Some of the mental illnesses are common features of old age, and therefore, the course provides an insight into the human psychology.

- This will help the participants to understand the psychological problems of the elderly and deal with them accordingly as well as handle their own stress.
- The training will also provide observational skills to the caregivers for early detection of any mental illness in the elderly, in order to prevent its deterioration and manage it effectively.
- The course emphasises on physical as well as psychological care of the elderly. It aims to develop a pool of caregivers who can ensure successful and happy ageing to the senior citizens of the country.
- The certificate programme aims to enhance the knowledge of the participants on geriatric care, giving special emphasis on the physical, psychological and social challenges experienced by senior citizens.
- Persons undergoing this course will be able to identify the health and counselling needs of senior citizens and assist them in availing appropriate services in geriatric care.



	<b>An Overview of Geriatric/ Elderly Care</b>	Dr. Sunny Singhal, Senior Resident, Dept of Geriatric Medicine, AIIMS
	<b>Importance of Health &amp; Hygiene for Senior Citizens</b>	Dr. Preeti Khanna, faculty, DU; Ms. Paramjit Kaur, Public Health Nursing Officer, Safdarjung Hospital, Delhi
	<b>Geriatric Nutrition</b>	Dr. Preeti Khanna, faculty, DU; Ms. Tithi Prabhakar, Nutritionist & Diet Consultant
	<b>Common Health Problems among the Elderly</b>	Dr. Pramod Kumar, Senior Resident, Dept. of Geriatric Medicine, AIIMS
	<b>Measuring vital signs &amp; checking blood sugar</b>	Ms. Paramjit Kaur, Public Health Nursing Officer Safdarjung Hospital, Delhi
	<b>Mental Health Illnesses among Elderly: Role of communication</b>	Dr. Rajesh Sagar, Professor, Dept of Psychiatry, AIIMS
	<b>Age-friendly environment: Fall &amp; its prevention</b>	Col. Dr. Shashivadhanan, Professor, Surgery & Neurosurgery, Command Hospital (Air Force), Bangalore
	<b>Productive Ageing</b>	Dr. Aabha Chaudhary, Chairperson, Anugraha, Delhi
	<b>Exercises &amp; handling assistive devices for Senior Citizens</b>	Dr. Parul Chauhan, Physiotherapist, JPNATC, AIIMS, Delhi
	<b>Elder Abuse: Manifestation and Prevention</b>	Dr. Archana Kaushik, Associate Professor, Department of Social Work, Delhi University
	<b>Legal Provisions for Senior Citizens</b>	Ms. Geetanjali Goel, Additional Sessions Judge, Dwarka Court, Delhi
	<b>Geriatric Palliative Care</b>	Dr. S. Sathiyababu, Deputy Director, HelpAge India, Tamil Nadu

### 3. Care and Management of Dementia

NISD's online training course on Care and Management of Dementia among the elderly aims to create a pool of trained caregivers. The course has been devised to create general awareness on dementia, methods to identify its symptoms and ways to deal with a patient suffering from it. The course will better equip the caregivers about the condition, and help them acquire skills for the effective management of dementia. The caregivers could be a professional, or family members or any other person willing to take care of dementia patients. It will help the participants in facing the challenges related to the care and management of dementia in the elderly.

#### Developing caregiving as a profession

Dementia usually progresses with age and is a common ailment among the elderly. Therefore, this course provides an insight into the causes and management of the condition. This course will help the participants understand the social, physical and psychological problems associated with the disorder, and help them deal with it accordingly. The training will also provide observational skills to the caregivers for identifying the symptoms in order to prevent its deterioration and manage it effectively.

- The certificate programme aims to create a dementia-care workforce to provide quality services to deal with people affected by dementia in both non-institutional and institutional care.
- The course also aims to eradicate the stigma and fear attached to dementia.
- Persons taking up this course will be able to identify the health and counselling needs of senior citizens affected by dementia, and assist them in leading a normal life.



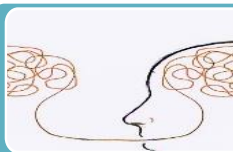
### Dementia: An Introduction

Sri. Narendra  
Executive Director, ARDSI, Kolkata



### Causes, Stages and Diagnosis of Alzheimer's Dementia

Prof. Shashi Vadanani  
Command Hospital Air Force Bangalore



### Behavioral Problems among person with dementia and ways of communicating with them

Nilanjana Maulick,  
ARDSI Kolkata



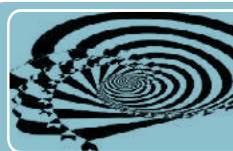
### Ensuring Safety in Dementia Care

Mahuya Karmakar Jagannath Gupta  
Institute of Nursing Sciences.



### Diet and Health in Dementia Care

Saadiya Huzruk,  
ARDSI Hyderabad



### Ensuring Hygiene in Dementia Care

Arvind Narayanan,  
Health Care Professional



### Management of Dementia during Natural Disasters

Dr Anand P Ambali  
Shri B. M. Patil Medical College  
Hospital & Research Centre



### Managing Dementia Caregiver Stress

Dr. Sridhar Vaitheswaran  
Schizophrenia Research Foundation

## 4. Basic course on Transgender Issues

The basic course on Transgender Issues, with special reference to the Transgender Persons (Protection of Rights) Act 2019, aims to sensitise and equip its participants with legal knowledge and technical inputs for its successful implementation across the country. The course has been devised to equip the participants with knowledge, skills and aptitude to effectively organise awareness programmes on the TG Act 2019.

There is a need to empower and uplift this segment of society by providing statutory rights in education, election, and employment in both private and public sectors.

- The course will make the participants aware of the legal provisions to empower the transgender community, which will gradually contribute in elevating their status in society.
- The participants taking up the module will be able to identify the challenges faced by transgender persons, which will encourage them to contribute in the mainstreaming of the community.
- The course will provide the participants with in-depth understanding about the provisions in the TG Act, and the issues faced by transgender such as social stigma, employment, shelter, education, health care and the need for vocational training.
- The course is expected to help its participants build a positive attitude towards transgender.



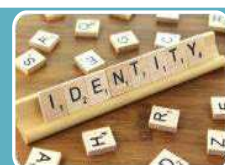
Historical Background of  
Transgender & Transgender Persons  
(Protection of Rights) Act 2019

Ms. Tripti Tandan  
Advocate, Supreme Court  
of India



Introduction to the  
Transgender persons

Ms. Abina Aher Project Director,  
India HIV/AIDS Alliance, New Delhi



Transgender Identity and  
its legal provisions

Dr. Aslam Khan Consultant,  
Transgender Resource centre.



Discrimination, Stigma, Violence  
against Transgender And their  
Legal provisions

Ms. Zainab Patel Member, National  
Council for Transgender Persons



Literacy and Employment of  
Transgender Persons

Dr. Geeta Mishra  
Assistant Professor, Amity University



Health Care and Sex  
Reassignment Surgery

Dr. Venkatesan Chakrapani, MD,  
Chairperson. C-SHaRP. Chennai



Social Security and Welfare  
Measures

Mr. Sahil Vij Consultant- Gaurav &  
Company, New Delhi



Roles and responsibilities of  
stakeholders In Transgender welfare

Dr. Rajesh Kumar Professor,  
Department of Distance  
Education, University of Delhi.

## 5. Basic course on Social Defence Issues

This is a comprehensive course, which covers four aspects of Social Defence issues that are Substance Abuse Prevention, Old Age Care, Beggary Prevention and Transgender Welfare. All these issues are matters of concern for a flourishing society like ours. The wellbeing of those coming under the ambit of these issues is important, and that requires immediate and suitable interventions. This course addresses these issues and has been devised for the capacity building of stakeholders working in the field of Social Defence. The online course on Social Defence aims to sensitize and equip the stakeholders with knowledge and skills to render their best services to the vulnerable sections of society that come under the ambit of Social Defence.

While the course is open for all those who are interested in learning about Social Defence, it is advised that those working directly in the area should take it up. These include functionaries of State Police Departments, Panchayati Raj functionaries, Prison officials, social work educators, faculty members, research scholars and students of Social Science Departments of universities and colleges, social welfare departments, media persons, NGO functionaries and professional social workers.

Scientific training of personnel at various levels has been accepted as a prerequisite for improving the quality and efficacy of Social Defence programmes. The course is expected to bring out the following benefits:

- It will sensitise stakeholders on Social Defence Issues and help them in effective discharge of their duties.
- It will build the capacity of stakeholders in planning skill-development training programmes for the vulnerable sections of society to help them lead a dignified life.
- The course will throw light on Social Defence issues, enabling them to take up research in the areas of Social Defence





### ***Social Defence: Concepts, Elements & Fields***

*Dr. Archana Dassi, Professor & Head,  
Dept. of Social Work, Jamia Millia  
Islamia, New Delhi*



### ***Old Age Care***

*Dr. Archana Kaushik, Assistant  
Professor, Dept. of Social Work,  
University of Delhi, New Delhi*



### ***Understanding Drug & Addiction***

*Dr. Alok Aggarwal, Associate Professor  
of Psychiatry, AIIMS, NDDTC, New Delhi*



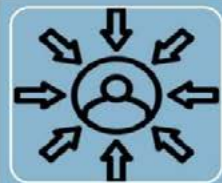
### ***Beggary Prevention***

*Mr. Mohd. Tariq, Assistant Professor,  
TISS, Mumbai*



### ***Transgender Welfare***

*Prof. Rajesh Kumar, Dept. of Adult,  
Continuing Education & Extension,  
University of Delhi, New Delhi*



### ***Role of Stakeholders in Social Defence***

*Dr. Neena Pandey, Associate Professor,  
Dept. of Social Work, University of Delhi,  
New Delhi*



### ***Counselling in Social Defence***

*Dr. Rajesh Sagar, Professor,  
Psychologist, AIIMS, New Delhi*



### ***Role of Media in Social Defence***

*Dr. Atul Sinha, Assistant Professor, Jamia  
Millia Islamia, New Delhi*

