

**National Institute of Social Defence**  
**Ministry of Social Justice & Empowerment,**  
**Government of India**  
**Plot No. G-2, Sector-10, Dwarka New Delhi-110075.**

The National Institute of Social Defence (NISD) is an autonomous body under the Ministry of Social Justice & Empowerment, Government of India. Senior Citizen Division of NISD organises long-term and short-term trainings, awareness generation & capacity building programs in the field of Elderly Care for functionaries of Non- Government Organisations, dealing with Elderly related schemes/programs of the Ministry beside conducting research in the area of Senior Citizen Welfare. The program is for various sections of society/functionaries such as Registered NGOs, School & College students, faculty, Parents, Civil Society Members, PRI members, Family Members and Co-dependents of Senior Citizens, RWAs, Senior Citizen Forums, Panchayati Raj Institutions, Senior Citizen Homes, Day Care Centres, Hospitals and other Age Care Institutions, other community members, etc.

NISD intends to partner with the State Depts, Universities/ Colleges, Schools, RWAs, Senior Citizen Forums, Panchayati Raj Institutions, Senior Citizen Homes, Day Care Centres, Social Work Institutes, Police Academies, Research Institutions, registered NGOs/Trusts, Health Service Providers working the field of Ageing to conduct offline programs for aforesaid target groups in the field of Elderly Care.

Interested Organisations/agencies with requisite experience in the field may apply within 5<sup>th</sup> July, 2024 of publication against this advertisement in the prescribed format.

*NISD reserves the right to reject or alter the proposal.*

## Criteria should be covered in the proposal

Sl. No	Criteria	Pg.No.
1.	Name and Address of the Agency / Organisation	
2.	Name and contact details of Head of the Agency	
3.	List of Board Members	
4.	Year of Registration and Registered under which Act	
5.	Registration No.	
6.	NGO Darpan Registration No. (if NGO)	
7.	Objective of the Agency	
8.	Area of working	
9.	Main activities carried out	
10.	Three year annual report and account statement	
11.	Any National / State Award Received	
12.	Any grant received from Ministry/Government Department, if so name of the project/ sponsoring agency	
13.	Networking and Linkages with Govt. Organizations / CBOs at District / State / National level and International level	
14.	<b>Complete Program proposal: -</b> 1. Entitle of the Programme 2. Background: 3. Introduction 4. Aim & Objectives of the Programme 5. Proposed Date & Venue: 6. Beneficiaries 7. Number of Participants: 8. Methodology & Programme Schedule 9. Expected Outcomes:	
15.	Any Other (Please specify)	

The nominations should be submitted in Hard Copy or by email:

**The Deputy Director**  
**National Institute of Social Defence (NISD)**  
**Senior Citizen Division,**  
 Plot No. G-2, Sector-10, Dwarka, New Delhi-110075  
 Telephone: 011-20893989  
 Email: nisd.scd@gmail.com

## Suggestive List of Programmes- Senior Citizen Division – 2024-25

Code. No	Programme / Activity	Target Groups
<b>2.1 Awareness / Sensitization Programmes</b>		
2.1.1	MWPSC Act 2007	Judges, Police Personnel, Govt. Officials. Sr. Citizens in Community level / RWAs/Sr. Citizens clubs
2.1.2	Govt. Policies and Programmes/ Schemes	Govt. Officials. Sr. Citizens in Community level / RWAs /Sr. Citizens clubs / GIA institutions
2.1.3	Inter-generational bonding in Schools	School students (8th to 10th Standard)
2.1.4	Inter-generational bonding in Collages	Students in Universities / Colleges
2.1.5	Holistic Health including Yoga, natural therapy & Physiotherapy	Senior Citizens, including Senior Citizens Clubs, Inmates of Sr. Citizen Homes
2.1.6	Diet & Nutrition for Senior Citizens	Senior Citizens, including Senior Citizens Clubs, Govt. Officials. Sr. Citizens in Community level / RWAs /Sr. Citizens clubs / GIA institutions
2.1.7	Related other Therapies like Music therapy, Acupuncture, acupressure	Senior Citizens, including Senior Citizens Clubs, Govt. Officials. Sr. Citizens in Community level / RWAs /Sr. Citizens clubs / GIA institutions
2.1.8	Awareness programmes on common physical & Mental Health issues among elderly	All categories of Senior Citizens, Sr. Citizens in Community level / RWAs /Sr. Citizens clubs / GIA institutions
<b>2.2.0 Capacity Development Programmes</b>		
2.2.2	3 days Residential Training Programme on Basic Geriatric Care	GIA institutions supported by the Ministry / State Govts. Health Care Workers, Sr. Citizens,
2.2.3	3 days Residential Training Programme on Geriatric Counselling	GIA institutions supported by the Ministry / State Govts. Health Care Workers, Sr. Citizens,
2.2.4	3 days Residential Training Programme on Dementia Care and Management,	GIA institutions supported by the Ministry / State Govts. Health Care Workers, Sr. Citizens,
2.2.5	3 days Residential Training Programme on Yoga for Senior Citizens, Physiotherapy, Naturopathy etc.	GIA institutions supported by the Ministry / State Govts. Health Care Workers, Sr. Citizens,
2.2.6	3 days Residential Training Programme on Skill Development Programmes for senior Citizens (Elderly Self Help Groups, Inmates	Inmates of Sr. Citizen Homes, Sr. Citizen Associations, Elderly SHGs

	of Sr. Citizen Homes, Sr. Citizen Associations, etc.)	
<b>2.2.7</b>	3 days Residential Training Programme on Music Therapy and other related therapies.	Inmates of Sr. Citizen Homes, Sr. Citizen Associations, RWAs etc.,
<b>2.2.8</b>	3 days Residential Training Programme on Common Health Problems / issues and Importance of immunization schedule among Sr. Citizens	Sr. Citizen Associations / Clubs, RWAs etc.,
<b>2.2.9</b>	One month advance course on Palliative Caregivers	Who they have Geriatric Caregivers Certificate
<b>2.2.10</b>	One month advance course on Dementia Caregivers & Stress Management	Who they have Geriatric Caregivers Certificate
<b>2.2.11</b>	Three Months Certificate Course on Geriatric Care for Bedside Assistance	Individuals above 12th Pass
<b>2.4.0 Conference / Workshops / Seminars</b>		
<b>2.4.1</b>	International level	Govt, NGO functionaries / Senior Citizens forums / RWAs working for elderly care. Academicians.
<b>2.4.2</b>	National level	Govt, NGO functionaries / Senior Citizens forums / RWAs working for elderly care. Academicians.
<b>2.4.3</b>	Regional / State Level	Govt, NGO functionaries / Senior Citizens forums / RWAs working for elderly care. Academicians.
<b>2.5.0 Outreach Programmes</b>		
<b>2.5.1</b>	Health Camps	Community Senior Citizens
<b>2.5.2</b>	Digital Literacy	Community Senior Citizens
<b>2.5.3</b>	Meditation / Spiritual Camps	GIA Institutions, RWAs, Sr. Citizen Associations
<b>2.5.4</b>	Five (5) Days outreach Programme for the family members on Primary Care.	Family Members of Senior Citizens
<b>2.5.5</b>	Udyog Mela for Senior Citizens.	Community Senior Citizens
<b>2.2.6</b>	One Day Inter-generation Mela / Traditional Fashion Shows.	School Children, Parents, Grandparents and relatives, Community Senior Citizens
<b>2.6.0 Research on Elderly Issues</b>		
<b>2.6.1</b>	Short Term Research	Depending on Research topic
<b>2.6.2</b>	Middle Term Research	Depending on Research topic