



TENTATIVE FIVE DAY TRAINING ON GERIATRIC CARE GIVING FOR SAARC COUNTRIES, JULY 21st to 25th, 2008, NEW DELHI

Time	Monday 21 st	Tuesday 22 nd	Wednesday 23 rd	Thursday 24 th	Friday 25 th
10.00 AM - 10.30 AM	Registration	Elderly Issues	Geriatric Counselling as an Intervention Tool	Field Visit	Networking and Partnership for the Welfare of Elderly
10.30-11.15 A.M	Inauguration	<ul style="list-style-type: none"> ➤ Sociological ➤ Psychological ➤ Economical ➤ Legal <p align="center">(Prof. M.Shafiq, Jamia Milia Islamia)</p>	<ul style="list-style-type: none"> ➤ Role of Counselling in Elderly Care ➤ Approaches in Counselling ➤ Crisis Interventions <p align="center">(Dr. Madhumati Singh, Clinical Psychologist)</p>	<ul style="list-style-type: none"> • Innovative Projects on Elderly Care Respect Age International Agra 	<ul style="list-style-type: none"> ➤ Role of NGOs ➤ Role of Senior Citizen Welfare Association ➤ Role of Media <p align="center">(DrAbha Choudhary, Secretary ANUGRAH)</p>
11.15AM- 11.30 AM	TEA				
11.30 AM - 12.15 PM	<ul style="list-style-type: none"> • Introduction of Participants <ul style="list-style-type: none"> ➤ Ice Breaking • Experience Sharing /Country Presentation on Ageing Scenario 	Care giving for Elderly in Institutional and Non-Institutional Settings <ul style="list-style-type: none"> ➤ Pre-requisites of Care Giving ➤ Environmental Hygiene ➤ Fall Prevention ➤ Health care services for Elderly <ul style="list-style-type: none"> • Vital signs and general Physical Examination <p align="center">(Dr. Sheila Seda, Trained Nurses Association) (Chair- DrA.B.Dey, Chief Geriatrics, AIIMS)</p>	Productive Ageing <ul style="list-style-type: none"> ➤ Micro credit ➤ Skill Up gradation ➤ Self Help Groups ➤ Re-employment ➤ Volunteers Bureau <p align="center">(Shri Mathew Cherian, CEO, HelpageIndia)</p>	...Do...	Need for Prioritizing the Areas of Common Interest for Research and Documentation <p align="center">(Dr. Ravinder Singh, Senior Research Officer, ICMR) (Chair-Prof. M.Z.Khan)</p>
12.15 PM TO 1.00 PM					
1.00 PM – 2.00 PM	LUNCH				
2.00 PM – 3.15 PM	Situational Analysis-An overview of Ageing Scenario in SAARC Region Dr Malakapoor Shankardass, Chairperson, D WARF (Chair-Shri Satyendra Prakash, Director, NISD)	Rehabilitation of Elderly <ul style="list-style-type: none"> ➤ Physical Rehabilitation <ul style="list-style-type: none"> • Disability in Old Age • Physiotherapy ➤ Mental Rehabilitation <ul style="list-style-type: none"> • Special Care of Dementia/Alzheimer's Disease • Management of Other aged linked Mental health Problems <p align="center">(Chair-Dr.Dharmendra Kr, Director,IPH)</p>	SAARC Social Charter Shri Satyendra Prakash, Director NISD) Madrid International Plan of Action In Ageing and International Obligations (Shri Nesim Tumkaya UNFPA Representative)	...Do...	Evaluation and Feedback
3.15 PM – 3.30 PM	TEA				
3.30 PM – 5.00 PM	Session Contd--	Stress and Crisis Management among Elderly and Challenges for Caregivers <ul style="list-style-type: none"> ➤ Nature and Causes of Stress ➤ Impact of Stress on Behaviour ➤ Coping Strategies <p align="center">(Dr. A.M.Khan, NIHFW)</p>	Indian Response to the Challenges <ul style="list-style-type: none"> ➤ NPOP and its Provisions ➤ Constitutional and Legal Safeguards, ➤ Training Initiatives- NICE, NISD <p align="center">Shri Satyendra Prakash, (Director, NISD)</p>		Valedictory Session